

Recommended Reading

About and for Doulas:

The Doula Advantage, Rachel Gurevich, 2003

The Doula Book, Klaus, Kennell, and Klaus, 2003*

The Doula Guide to Birth, Ananda Lowe & Rachel Zimmerman, 2009

From Start to Finish-A Practical Guide for Your Labor Support Business, Barbara Ross Ellis, 1992

Special Women, Pauline Perez, 2003

Bonding & Prenatal Psychology:

Attachment Parenting Book, William Sears, 2001

Bonding, Klaus, Klaus and Kennell, 1995

The Earliest Relationship, T. Berry Brazleton, 1990

The Mind of Your Newborn, David Chamberlain, 1998

Pre-Parenting: Nurturing Your Child from Conception, Thomas Verney, 2003

Welcoming Consciousness: Supporting Babies Wholeness from the Beginning of Life—An Integrated Model of Early Development, Wendy McCarty, 2009

Childbirth:

An Easier Childbirth, Gayle Petersen

The Complete Book of Pregnancy and Childbirth, Sheila Kitzinger, 2003

Easing Labor Pain, Adrienne Lieberman, 1992

Gentle Birth, Gentle Mothering, Sarah J. Buckley, 2005

Ina Mays's Guide to Natural Childbirth, Ina May Gaskin*

The Birth Partner, Penny Simkin, 2001*

The Labor Progress Handbook, Ancheta and Simkin, 2005 Edition

The Official Lamaze Guide-Giving Birth with Confidence, Lothian and DeVries

Pregnancy, Childbirth and the Newborn, Simkin, Whalley, and Keppler, 2001*

Mother Massage-A Handbook for Relieving the Discomforts of Pregnancy, Elaine Stillerman, 1992

Choices in Childbirth:

Gentle Birth Choices, Barbara Harper, 2005*

Who's Having This Baby Anyway?, Breck Hawk

Birth Interventions:

A Good Birth, A Safe birth, Scaer

A Guide to Effective Care in Pregnancy and Childbirth, 3rd Edition, Enkin et al

The Thinking Woman's Guide to a Better Birth, Henci Goer, 1999*

What a Blessing She Had Chloroform, Donald Caton, 1999

Fathers:

Fathers at Birth, Rose St. John, 2008

Fathers to Be Handbook, Patrick Houser, 2008

History and Politics

Birth as an American Rite of Passage, Robbie Davis-Floyd, 1992

Immaculate Deception 2, Suzanne Arms,

The Politics of Birth, Sheila Kitzinger, 2005

Birth: The Surprising History of How We Are Born, Tina Cassidy, 2006

Emotional and Psychological Aspects of Childbirth

An Easier Childbirth, Gayle Peterson*

Birth From Within, England and Horowitz, 1998

Birth Normally, Gayle Petersen

Creating a Joyful Birth Experience, Luciana Capacione and Sandra Bardsley

Mind Over Labor, Carl Jones, 1987

Parenting from the Inside Out, Daniel Siegel & Mary Hartzell, 2003

Transformation Through Birth, Claudia Panuthos

Breastfeeding:

Breastfeeding Triage Tool, Sandra Jolley, 1998

The Nursing Mother's Companion, 4th Edition, Kathleen Huggins*

The Womanly Art of Breastfeeding, LaLeche League, 2004

The Ultimate Breastfeeding Book of Answers, Newman and Pitman

Dr. Jack Newman's Guide to Breastfeeding, Newman and Pitman

Influence of Birthing Practices on Breastfeeding, Mary Kroeger & Linda Smith

Postpartum and Parenting:

The Baby Book, Sears and Sears,

Father Need: Why Father Care is as Essential as Mother Care for Your Child, Kyle Pruett, 2000

Mothering the New Mother, Sally Placksin, 2000

The No-Cry Sleep Solution, Elizabeth Pantley, 2002

Postpartum Survival Guide, Dunnewold and Sanford, 1994

Women's Moods, Sichel and Driscoll, 2000

Special Needs:

The VBAC Companion, Diana Korte, 1997

When a Baby Dies: A Handbook for Helping and Healing, Limbo and Rich, 1993

When Survivors Give Birth, Simkin and Klaus, 2004

About Women's Health and Lives

The Woman's Book of Life, Joan Borysenko

Women's Bodies, Women's Wisdom, Christianne Northrop

* DONA Required Reading Listing